

# Community Health and Counseling Services



The Healthy Link Between  
People, Family and Community

For more information on services for adults  
call:  
**1-800-924-0366**

Services funded in part by  
Department of Health and Human Services

#### NOTICE OF NONDISCRIMINATION

In accordance with all applicable state and federal laws and regulations cited below\*, Community Health and Counseling Services (CHCS) does not discriminate on the basis of race, color, religion, sex, sexual orientation, gender identity, national origin, disability, age, genetic information, and status as protected veteran, or any other trait that is protected under local, state or federal law in admission or access to, or treatment or employment in, its programs or activities.

CHCS has an Affirmative Action Program (AAP) which is available for inspection by any applicant or employee at the Human Resources office between 8:30 am and 4:00 pm on any work day. Individuals wishing to inspect the AAP should contact the Director of Human Resources to establish a time which is convenient to review the material.

The person whose name appears below has been designated to coordinate our efforts to comply with the U.S. Department of Labor regulations implementing these Federal laws. You may contact this person for further information about these regulations and our grievance procedure for the resolution of discrimination complaints.

Paige Allen, Director of Human Resources  
(Name and Title of Designated Coordinator)  
42 Cedar Street  
Bangor, Maine 04401

Main Headquarters:

- \* - Title VII of the Civil Rights Act of 1964, as amended. (Executive Order 11246) 42 U.S.C. ss2000e.);
- Title I and Title V of the Americans with Disabilities Act of 1990, as amended. (42 U.S.C. ss12101);
- Section 503 of the Rehabilitation Act of 1973, as amended (29 U.S.C. ss791)
- Age Discrimination in Employment Act of 1967, as amended (42 U.S.C.ss621)
- Title II of the Genetic Information Nondiscrimination Act of 2008
- The Vietnam Era Veterans Readjustment Assistance Act of 1974, as amended (38 U.S.C. ss4212) Rev 03/2016

EEO Employer/Vet/Disabled

## CHCS Office Locations

24 Stone Street Suite #201	<b>AUGUSTA</b> adult, child & family services	623-3712
42 Cedar Street	<b>BANGOR</b> home health & hospice adult, child & family services	947-0366 947-0366
7 Hatch Drive Suite #120	<b>CARIBOU</b> adult, child & family services	496-3166
1093 W. Main St.	<b>DOVER-FOXCROFT</b> home health & hospice adult, child & family services	564-2267 564-8175
52 Christian Ridge Rd.	<b>ELLSWORTH</b> adult, child & family services	667-5357
413 W. Main Street	<b>FORT KENT</b> adult, child & family services	834-4410
2 Water Street, Suite #2	<b>HOULTON</b> adult, child & family services	532-5510
313 Enfield Road	<b>LINCOLN</b> home health & hospice adult, child & family services	794-2001 794-3554
15 Kids Corner	<b>MACHIAS</b> home health & hospice adult, child & family services	255-8311 255-8473
24 Lewiston Road	<b>MECHANIC FALLS</b> adult, child & family services	345-9113
30 High Street Suite #2	<b>SKOWHEGAN</b> adult, child & family services	858-4860
201 Main Street	<b>WESTBROOK</b> child services	854-0122

**TTY# 990-4730**  
**www.chcs-me.org**

**CHCS Services for Adults**



*“ I know I’m  
coping with my  
life issues so  
much better now.”*

***“You will never know what this has done for me.”*** Consumer receiving CHCS adult services

## **CHCS Services For Adults**

You deserve to live as independently as possible and attain your highest level of accomplishment. CHCS’s adult services assist and support you on your path to recovery. An array of services and supports await you at CHCS and are tailored specifically to your needs.

The hallmark of the CHCS service delivery system is the client-directed, outcome-informed approach.

The professionals at the agency consider you the best source of guidance on how to reach your goal. By regularly seeking your feedback throughout treatment about your progress, CHCS will work with you to make adjustments that will maximize the likelihood of a successful outcome.



## **Choices in Your Care**

There is an array of services to choose from at CHCS. Services for adults include:

- Assertive Community Treatment (ACT)
- Community Integration Services
- Community Rehabilitation Services
- Medication Management
- Outpatient Therapy
- Housing Options
- Specialized Groups
- Homeless Outreach
- WIN (Wellness Integration Now)

***“Working with my case worker helped me to select the appropriate tools that guided me to where I am now, more independent and working a full time job.”*** Consumer receiving CHCS adult services